

BLUEBELL POLKA

Formation: 5 persons in single file for dance on,	<i>musician</i>
then circle of 4 + 1 person in middle	
Hands: One short stick in each hand, held	2
upright in front of body.	3 1 5
Stepping: Single step throughout, right foot start	4
Music: Bluebell Polka, played 5 ABC + A	

CHORUS (C Music)

After dance on 1 is in middle facing 2, who has back to music (see diagram above). Numbers refer to persons not positions.

CLASH & CHANGE. (B music) 1 & 2 strike own left stick twice with right stick, then partner's right stick twice, own left stick twice & partner's left stick twice while changing places by right shoulders. Repeat with 2 (now in middle) facing 3, then 3 facing 4, and 4 facing 5. End with 5 in middle.

FIGURES (A & B music)

ONCE TO YOURSELF & DANCE ON. Single file, circling clockwise, ending with 1 in middle, facing 2, as in diagram, Clash in rounds. Chorus.

REEL OF THREE Fall back in circle. 1,3& 5 ('heads') reel of three, 5 passing right shoulders with 1 to start. Clash in rounds. Fall back in circle and repeat with 'sides' (2,5,4), 5 passing left shoulders with 2 to start. Chorus.

FIGURE EIGHT. Fall back in circle. 4 (now in middle) figure eight, passing right shoulders with 5, left with 2. Clash in rounds & repeat with 4 passing left with 1, right with 3. Chorus.

STARS. Fall back. 3 (now in middle) right hand star with 4 & 1, clash in rounds. 3 left hand star with 5 & 2, clash in rounds.

URNS. Fall back. 2 (now in middle) arms right with 3, left with 5, clash in rounds, 2 arm left with 4, right with 1, clash in rounds.

DANCE OFF. Fall back. 1 (now in middle) lead out between 2 & 5, 1 leads off followed in single file by 2,3,4,5.

The above is how we now perform the dance. Originally we had an extra part to the chorus (Rounds) as below, and the music was played AA(figure) BC (chorus). It describes the **clash in rounds**

ROUNDS (C music). Person in middle holds both sticks high & crossed, and steps, turning anticlockwise, while others fall back (2 bars) and circle clockwise (4 bars) to place. They then advance to middle (1 bar) and strike 3 times with right stick on the left stick, held horizontally, of person to their right ('clash in rounds' 1 bar). (Middle person strikes own sticks 3 times, high).

Animation for changing places in chorus and for hey : <https://youtu.be/QVJcq8iCbse>