

# WHITE LADIES ASTON

Revised version 2025

8 person dance (4,6, 10 person variations) Long stick  
Single step, right foot start. Music OY + 4 AABB + AA

## CHORUS (B Music)

Face across, clash tips R x 2, face up & down repeat clash. Half hey, pass R sh.  
Repeat.

## FIGURES (A music)

- ROUNDS** Clockwise for 8, stick pointing down & inwards  
Clockwise in 4s, stick pointing up & clashing.
- PROCESS** Top couple process down & back with sticks crossed & then  
clash All process down & back. Clash  
Bottom couple process up & back, all up and back
- CROSS OVER** With sticks crossed, move into line R sh to face up & down,  
dance on spot, clash, then continue to place. Repeat passing L sh.
- CAST** All face up cast out, lead up to place with sticks crossed  
All face down, cast, lead down with sticks crossed. Clash at end
- ROUNDS** Clockwise for 8 sticks pointing up in star then  
anticlockwise, sticks down and out & all in
- No. 1 leads dance off in line sticks on shoulder

## VARIATIONS

- 4 PERSON** **Chorus:** after clash up & down, drop back then forward, tops  
passing through middle to change ends. **Cast:** wide cast out
- 6 PERSON** **Chorus:** clash partner, then bottom pair clash again with partner  
while top 2 pairs clash up & down. Repeat with original bottom pair  
(now at top) doing 4 clashes across **Rounds:** All rounds for 6
- 10 PERSON** **Chorus:** Middle pair do all clashes across. On hey, middles fall  
back, dance on spot then forward. **Rounds:** After first rounds for 8,  
middles separate to R, to make 5 person stars with end fours. **Cast:**  
Need to move quickly

